

## The Wound Care Institute at Lehigh Regional Medical Center

Welcome to **The Wound Care Institute** at Lehigh Regional Medical Center. Our professional staff is trained to provide a specialized and comprehensive course of therapy to assist in the healing of your problem wound. During your course of treatment at the Institute, you will remain under the care of your regular physician and we will coordinate with them to assure complete continuity of all your medical services.

Wounds that fail to heal can be caused by many different medical factors. **The Wound Care Institute treats a variety of wounds such as:**

- 2nd & 3rd degree burns
- Chronic non-healing wounds
- Venous Stasis ulcers
- Lymphedema
- Traumatic wounds with significant tissue loss
- Pressure ulcers
- Diabetic wounds/foot ulcers
- Dehisced surgical wounds
- Radiation injury
- Other wounds as a result of complex medical conditions
- Post surgical wounds

• SERVICE •

## How To Access Care

You will be referred to **The Wound Care Institute** by your primary physician. Your care will be reviewed by our treatment team of specialists from Physicians, Physical Therapists, Nurses and Certified Technicians that may also include Nutritionists. At your first visit, our competent and friendly staff will evaluate your wound, medication history and overall health.



## Preparing For Your Visit

- ◆ Call for an appointment **(239) 368-4561**
- ◆ Bring your calendar. We will schedule several appointments in advance.
- ◆ Physicians are available Monday through Friday while treatment is available seven days a week.
- ◆ Be prepared to share your medical information.
- ◆ Make a list of all allergies.
- ◆ Make a list of all medications, both prescribed and over-the-counter, you are taking.
- ◆ Bring your medical records, insurance cards and Med Key Card
- ◆ Wear comfortable, casual clothing.

• COMPASSION •

## Treatment Methods

Upon referral to our facility, you will undergo a thorough diagnostic examination to identify the type of wound you have and the underlying problems causing the wound. From this we will initiate the most effective treatment options for your care. A multi-specialty approach will be utilized to provide the maximum benefit to your wound. There are multiple state-of-the-art diagnostic and treatment modalities that may be utilized by our trained staff.

## Some May Include:

- Surgery
- Bio Skin Substitute
- Hydrotherapy
- Compression Stockings
- Physical Therapy
- Electrical Stimulation
- Occupational Therapy
- Light Cluster Therapy
- Laboratory Evaluation
- Nutritional Management
- Laser Doppler Flowmetry
- Pain Management
- Orthotic Fitting
- Diabetic Education
- Sequential Compression
- Nuclear Medicine
- Vacuum Assisted Closure
- Radiology
- IV Therapy
- Transcutaneous O<sub>2</sub> Measurement
- Ultrasonic Wound Debridement/Treatment

• COMMITMENT •

Once a treatment plan has been indicated, you will visit our facility on a regular basis for wound care and documentation of your progress. You will also be fully instructed on how to do your own wound care at home between visits as well as how to protect your wound from further injury. It is important to remember that you are the most important part of your healing process. Keeping appointments and following the direction of your particular treatment plan are critical to attaining a positive healing outcome.

**Please Feel Free To Contact  
Our Staff With Any Questions  
You Have About Your Therapy.**

### About Your Community Hospital

**The Wound Care Institute** is part of the Department of Rehabilitation at Lehigh Regional Medical Center. Wound Care affects approximately five million Americans suffering from chronic open sores. These do not all heal with normal methods. After a month or so, many patients will seek professional help for wounds that are not healing. In most cases, the treatment these patients receive through a wound care treatment plan produces complete healing within a few months.

Using the most modern technologies, medications and equipment, **The Wound Care Institute** at Lehigh Regional Medical Center is able to treat your wound and improve your quality of life.

### Your Medical Team

**Axel Ruiz-Tellez, M.D., DABFP, CWS**  
DISEASES & SURGERY OF THE SKIN  
Member of American Society of Cosmetic Dermatology & Esthetic Surgery  
Board Certified Wound Care Specialist, AAWM  
Member of the AAWC

**Narmo L. Ortiz, Jr., DPM, FACFAS, CWS**  
Podiatric Medicine & Surgery  
Diplomate, American Board of Podiatric Surgery  
Fellow, American College of Foot & Ankle Surgeons  
Board Certified Wound Care Specialist, AAWM  
Member of the AAWC

**Stephen P. Schroering, M.D., PLLC**  
Board Certified Orthopedic Surgeon  
Member of the AAWC

**William "Oscar" Gamble, P.T.**  
Director Rehabilitation & The Wound Care Institute  
Member APTA, FPTA & AAWC

**For Appointments**  
CALL: (239) 368-4561  
or  
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